

Rider Registration Form

For CTC Cambridge Ride Leader use only

DATE:-

START LOCATION:-

COFFEE STOP (if applicable):-

RIDE LEADER:-

Please return this Form to membership@ctc-cambridge.org.uk or to 07739 923182 within 24 hours of completing the ride.

	<u>NAME</u>	<u>Phone Number</u>	<u>Email Address</u>
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			

Contact information is required to ensure that NHS Test & Trace system can be provided with such details should someone on the ride have contracted C-19. Information provided to CTC will be destroyed after 6 weeks.

If you do show symptoms of C-19 after this ride you must :

Visit the Government Coronavirus website and follow the advice given, including self-isolating.

All riders must agree to their contact details being passed to NHS Test & Trace Team, if required.

If you do not agree to these conditions, you will NOT be allowed to participate in this ride.

Further details are available on the CTC Cambridge website.

AIDE-MEMOIRE FOR CYCLING UK **LEADERS** ON CLUB RIDES

If there is an injury or illness on your ride, seek medical attention (e.g. First Aider).
If **serious** call 999 & give precise location.

If there is an accident involving a vehicle on **your** ride-

1. If there is an injury, seek medical attention (e.g. First Aider).
If **serious** call 999 & give precise location.
2. Don't have a discussion with the vehicle driver about who was at fault.
3. Exchange Contact Details (name; address; email; phone no.).
4. Obtain Contact Details of any witnesses.
5. Note the Registration No./Make/Model of the vehicle.
6. Report to Police if there has been an injury and/or significant damage to property.
If Police attend, note Officer Name and Serial Number.
7. Take photos of:
 - position of bike and vehicles;
 - damage to bike/vehicle; and
 - any injuries incurred by rider(s) or driver(s).
 - Keep any helmet-cam footage.
8. Inform injured rider to contact Cycling UK Legal Helpline **0330 107 1789**

AFTERWARDS - AS SOON AS PRACTICABLE

1. Report to Club Welfare Officer & Runs Secretary.
2. Complete Accident/Incident Report Form and email to:
 - a) Club Secretary and
 - b) Welfare Officer.Email addresses are at the bottom of the Report Form.

If you are unsure about whether to complete an Incident Form, discuss with the Club Secretary/Runs Secretary.