## **CTC Cambridge** Rider registration form (v8; Jan 2024)



Please return this form to the membership secretary within 24 hours of completing the ride: email: membership@ctccambridge.org.uk or send to 07833 123363. Be sure to keep the data secure and destroy after sending, unless you think there may have been an incident leading to a claim during the ride.

#### **RIDE DETAILS**

Date:	Ride Leader:	Total Riders:
Start place:	Destination:	Total Guests:

Enter full name for all riders and tick the Guest box if they are not a member of Cycling UK. Add phone number for guests and other riders if needed.

<b>Rider Details</b> Full name for all riders, plus phone number for guests	Tick if Guest	Tick if U18	Emergency Contact Details (for riders who don't have an emergency card or equivalent)

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## Aide Memoire for Leaders on Club Rides

### CHECKLIST IF THERE IS AN ACCIDENT ON YOUR RIDE:

1. If there is an injury, seek medical attention (e.g. first aider). If serious call 999 & give precise location.

2. If a vehicle is involved, don't have a discussion with the driver about who was at fault.

3. Exchange contact details (name; address; email; phone no.).

4. Obtain contact details of any witnesses.

5. Note the registration number/make/model of the vehicle.

6. If there has been an injury and/or significant damage to property, report it to the police. If the police attend, note officer name and serial number.

7. Take photos of: position of bike(s) and vehicle(s); damage to bike(s)/vehicle(s); any injuries incurred by rider(s) or driver(s). Keep any helmet-cam footage.

8. Inform injured rider to contact Cycling UK incident line: 0330 107 1789

### AS SOON AS PRACTICABLE AFTERWARDS:

1. Report the accident to the club secretary, <u>secretary@ctccambridge.org.uk</u>, and safeguarding officer, <u>safeguarding@ctccambridge.org.uk</u>.

2. If you are unsure about whether to complete a <u>Cycling UK Accident/incident report form</u>, discuss with the club secretary and safeguarding officer before submitting.

3. After submitting the form to Cycling UK, email a copy to the club secretary and safeguarding officer.