



# CTC Cambridge Rider registration form (v7b; Sept 2023)



Enter full name for all riders and tick the Guest box if they are not a member of Cycling UK. Add phone number for guests and other riders if needed.

Rider Details Full name for all riders, plus phone number for guests	Tick if Guest	Tick if U18	Emergency Contact Details (for riders who don't have an emergency card or equivalent)
	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	

## Aide Memoire for Leaders on Club Rides

If there is an injury or illness on your ride, seek medical attention (e.g. First Aider). If serious call 999 & give precise location.

### CHECKLIST IF THERE IS AN ACCIDENT INVOLVING A VEHICLE ON YOUR RIDE:

1. If there is an injury, seek medical attention (e.g. First Aider).  
If serious call 999 & give precise location.
2. Don't have a discussion with the vehicle driver about who was at fault.
3. Exchange Contact Details (name; address; email; phone no.).
4. Obtain Contact Details of any witnesses.
5. Note the Registration No./Make/Model of the vehicle.
6. Report to Police if there has been an injury and/or significant damage to property. If Police attend, note Officer Name and Serial Number.
7. Take photos of:
  - position of bike and vehicles;
  - damage to bike/vehicle; and
  - any injuries incurred by rider(s) or driver(s).
  - Keep any helmet-cam footage.
8. Inform injured rider to contact Cycling UK Legal Helpline: 0330 107 1789

### AFTERWARDS - AS SOON AS PRACTICABLE:

1. Report to Club Welfare Officer & Runs Secretary.
2. Complete Accident/Incident Report Form and email to:
  - a) Club Secretary and
  - b) Welfare Officer.

Email addresses are at the bottom of the Report Form.

If you are unsure about whether to complete an Incident Form, discuss with the Club Secretary/Runs Secretary.